Location

Qty Description

CrossFit London, Arch 30, 150 Buckhurst Street, Bethnal Green, London E1 5QT

7	Concept 2 Rowing Machines 2 x PM5 3 x PM3 screens 2 x PM4
4	Xebex fitness bikes
1	10m Again Forster pull-up rig, 7 section
1	5m Again Forster pull-up rig, 4 section
1	10m Again Forster pull-up rig, 7 section
1	Beaverfit sit-up bench
1	Westside Barbell head lift bench
2	Polar CD087 glass fronted chillers
2	Fit Aid glass fronted chillers
1	Polar 2-door stainless steel freezer
1	Euteka 2T65E electric coffee grinder with West Trax
1	Lazpaziale Caffe Dautone coffee machine
2	Polar CL108 2-door chillers
3	iPads 1 locked & damaged 2 Mini, unlocked
1	LG 47" flat screen TV, model 47LM620T, serial no. 209WRVZ71983
	Approx 60 various weight lifting belts, skipping ropes and fitness bands
1	Approx 50 various medicine balls
1	Approx 120 various hand held dumbell weights
1	Approx 90 various hand held bell weights

Small bar weights

1

50

Approx 240 various large bar weights

Location	Qty	Description
	65	Weight lifting bars
	14	Sets of mobile high adjustable lifting bar stands
	7	Wall mounted lifting bar holders
	6	Steel framed wooden topped canteen tables
	12	Steel framed wooden topped stools